

# Dining Hall Sample Menu

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## Weekend Retreat

### Friday

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#### *Dinner*

- Chicken Tenders
- Corn
- Salad Bar
- Roll
- Banana Pudding

### Saturday

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#### *Breakfast*

- Biscuits and Gravy
- Scrambled Eggs
- Sausage
- Cereal
- Yogurt

#### *Lunch*

- Hamburger
- French Fries
- Salad Bar

#### *Dinner*

- Pasta with Meatballs or Chicken Alfredo
- Salad Bar
- Bread
- Sunday

### Sunday

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#### *Breakfast*

- Biscuits and Gravy
- Scrambled Eggs
- Sausage
- Cereal
- Yogurt

#### *Lunch*

- Pulled Pork Sandwich
- Baked Beans
- Lays Potato Chips
- Salad Bar

#### *Dinner*

- Tacos
- Charro Beans
- Mexican Rice
- Salad Bar